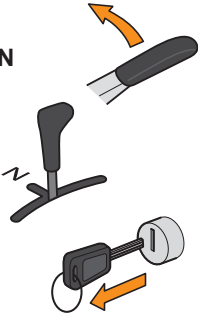


Safe & Well Guidance Notes

MACHINE SAFETY

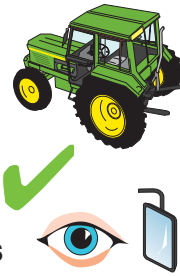
Safe Stop

- Handbrake ON
- Controls in NEUTRAL
- Engine OFF, remove Key



Safe Vehicle

- Perform task SAFELY - Use correct equipment for the job
- Check SAFE before using
- Use MIRRORS



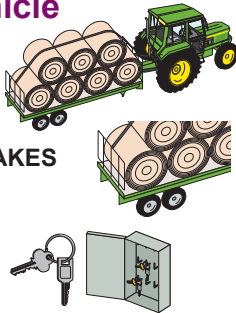
Safe Vehicle

- Inspect DAILY - REPAIR faults
- Maintain properly - BRAKES
- ROPS / Seat Belts fitted
- Protected from falling objects



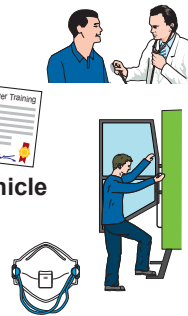
Safe Vehicle

- Loads SECURE
- Trailer BRAKES fit for task
- Keys kept SECURE



Safe Driver

- Medically FIT
- Properly TRAINED
- Enter / Exit Vehicle SAFELY
- Protect lungs if DUSTY



Safe Driver

- Protect hearing if NOISY
- PASSENGER: In passenger seat ONLY
- PASSENGER: DO NOT impede Driver OR their vision



Safe Site

- BE AWARE of Pedestrians
- OBSERVE Warning Signs / Speed Limit Signs



Overtaking Vehicles

- ENSURE YOU TURN UPHILL when working across a slope
- DESCEND downhill on a gentle gradient



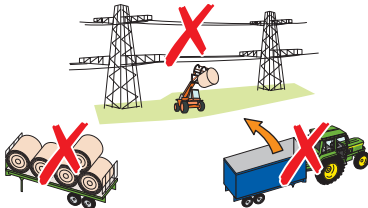
Overtaking Vehicles

- IF OVERTURNING: Stay in Cab. DO NOT JUMP CLEAR
- WEAR Seat Belt



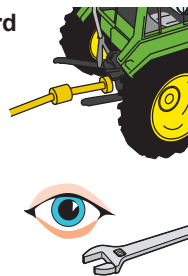
Overhead Power Lines

- DO NOT carry work out within 10 metres of OHPL's



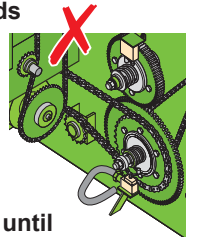
Power Take-Off Shafts

- ENSURE Guard is in place and is the correct size
- ENSURE PTO is properly maintained



Plant & Equipment

- ENSURE Guards are in place
- Switch OFF or detach Drive before removing any blockage
- DO NOT touch until movement has stopped





Sources of Information

<http://www.hse.gov.uk/agriculture/index.htm>

<http://www.nfuonline.com/home> (for health & safety support select Risk Management Services)

<http://dcfarmconnect.co.uk>

DCD website: www.dairycrestdirect.co.uk

Key Contacts

Company

Phone No.

Health and Safety Executive (HSE)

0845 300 9923 (RIDDOR accident reporting)

White Gold

0845 873 1410

Dairy Crest - Farm Business Unit

0800 121 4766

National Farmers Union (NFU)

024 7685 8500 or for members 0870 845 8458

DCD Office

01458 835060

General Questions

1. Have you assessed the risks on your farm?
2. Have you acted upon the results of your assessment?
3. Have you briefed your family, workers (including temporary or relief staff) and any contractors?
4. Have you displayed the **Guidance Notes?**
5. All involved in working on this farm, need to sign and date this form to confirm that they have read and understood the **GUIDANCE NOTES**, as all are responsible for a safe and working environment - as we all depend on each other!

Name

Signature

Date

Notes: Actions Taken



REMEMBER - RUSHING, FRUSTRATION, FATIGUE AND COMPLACENCY CAUSES ACCIDENTS!

YOUR FAMILY NEEDS YOU

